

25 POWERFUL HABITS

What is a clearer mind AND
greater productivity worth to
you?

Would planning ahead and
knowing what to do declutter
your mind so that you are able to
Choose Joy...everyday?



25 POWERFUL HABITS

- Make your bed everyday
- Brush AND floss your teeth
- Do the dishes and put them away before you go to bed
- Get everything ready for the next day...the night before - keys, lunches, homework, back packs, briefcase, grocery list
- Fold laundry and put it away
- Moisturize your skin - face AND body
- Pick up all the toys and put them away
- Clean your wallet and purse - file all the receipts
- Empty your car every time you come home - It can never get messy that way
- Sort through your mail daily. Throw away what you don't need
- Pay your bills on a schedule and on time
- Balance your checkbook regularly
- Keep your desk neat and tidy
- Make lists. Daily ones. This week ones. Monthly ones. Long term ones.
- Going on a vacation? Make a list of what you need to do before you go. And make a list of what you need to pack - which might entail some shopping :)
- Schedule your service calls way in advance. Window washers, HVAC service and home maintenance
- Schedule your hair appointments in advance
- If you pack your lunch - make sure you have food prepared ahead of time so...you have something to pack

25 POWERFUL HABITS

- Get enough sleep
- Say please and thank you
- Hold the door open for others
- Exercise regularly
- Wash your hands
- Ready your Bible
- Call your mom

If you would like to read the full blog post head on over to: [25 Powerful Habits.](#)

*Big Hugs,
Jane*

Hey there!



It's me, Jane. I am a wife, mom, grandma, sister and friend. I am a blogger who has a heart for women in all phases and stages of life. I would like to encourage every woman to rise above their circumstances and **choose joy...everyday.**

I share all kinds of things - from card making to budgets to organization and faith in God.

You can find me in my craft room, on the computer or at the lake just hanging out.

I hope this has been helpful to you!

You can find me...

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